

Walk in the Brecon Beacons: From Capel-y-ffin to Twmpa

Located in the Brecon Beacons, the Capel-y-ffin to Twmpa walk explores the peaks of Rhos Dirion and Twmpa (also known as Lord Hereford's Knob), and the enchanting valley of Ewyas. Throughout this circular walk, you'll enjoy breathtaking views.

Location: Capel-y-ffin, Brecon Beacons

Walk difficulty: Challenging

Time: 4 to 4 ½ hours

Distance: 9 miles (14.5 km)

Walk guide: [Capel-y-ffin to Twmpa walk by adragonsescape.com](https://www.adragonsescape.com/capel-y-ffin-to-twmpa-walk-by)



Capel-y-ffin to Twmpa walk instructions

1. At the lay-by on the other side of the bridge from the church, turn left onto the country road before the bridge. Walk up the road and turn left onto the driveway of the equestrian centre. Follow the drive as it veers right and go to the very end. With the house on your right and a gate and caravan straight ahead, follow the uphill path on your left and go through the gate.
2. Follow the rocky path as it zig-zags to the top of the hill, then continue straight ahead. Cross the stream and aim for the clear zigzag path up the mountain flank. Hike the steep zigzag path and follow the track until it reaches the top of the ridge. Turn right and follow the path along the ridge to the end.
3. At the trig point, you've reached Rhos Dirion. Turn right and follow the path along the ridge as it dips down and back up to the peak of Twmpa. Please note that there is no trig point to signal this peak, only a cairn. Turn right and follow the path along the ridge. When the track forks, keep to the left and follow the ridge line.

4. Follow the path as it drops steeply, walk past the cairn and continue straight ahead until it gets too steep and fern blocks your progress. Veer left and follow the path as it zig-zags down the flank of the mountain. Continue straight ahead over the bridleway and down a steep (and muddy) section. Before the enclosed woods, turn left and follow the slippery path along the stream.
5. Go over the stile and cross the farmyard between two houses. Immediately after the houses, go over the stile and cross the field diagonally to the bottom corner. Go over the next stile and turn right onto the country road. Walk past the church, over the bridge and back to the lay-by.

Capel-y-ffin to Twmpa walk details

Walk guide: [Capel-y-ffin to Twmpa walk by adragonsescape.com](https://www.adragonsescape.com/capel-y-ffin-to-twmpa-walk)

Walk map and GPX file: [Capel-y-ffin to Twmpa walk on outdooractive.com](https://www.outdooractive.com/en/activities/capel-y-ffin-to-twmpa-walk/)

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Time: 4 to 4 ½ hours

Distance: 9 miles (14.5 km)

Ascent: Very steep

Trail condition: Muddy on certain sections of this walk

Accessibility: Not suitable for pushchairs, wheelchairs or bikes

Parking: Lay-by on the other side of the bridge from the church in Capel-y-ffin (NP7 7NP)

Facilities: Closest toilets, shops and pubs in Llanthony

For more inspiration to explore Bath, Bristol, the Cotswolds and beyond, visit [adragonsescape.com](https://www.adragonsescape.com) and plan your escape